

Support and Benefits for Pension Age Residents in Redbridge

London Borough of
Redbridge



Are You of Pension Age and Living in Redbridge?

Reaching pension age brings new opportunities as well as challenges, particularly when it comes to managing your finances and maintaining your independence. If you are a pension age resident in Redbridge, there are a range of benefits, support services, and concessions available to help you enjoy later life with greater comfort and security.

Benefits or Financial Support You May Be Eligible For

- **Pension Credit:** Extra income for people over State Pension age on a low income. This can also help you access other benefits such as Housing Benefit or help with NHS costs.
- **Attendance Allowance:** A tax-free benefit for people over State Pension age who need help with personal care due to illness or disability.
- **Winter Fuel Payment:** Annual payment to help with heating costs during the colder months.
- **Free TV Licence:** Available for households with someone aged 75 or over and receiving Pension Credit.
- **Council Tax Reduction:** Help with your Council Tax bill if you are on a low income or receiving certain benefits.
- **Housing Benefit:** Help with paying your rent if you are on a low income and have reached State Pension age.
- **Free Bus Pass:** For people of pensionable age, giving you free travel on local buses.
- **Care costs support:** Financial support with approved care packages



Redbridge Benefit Service: Here to Help

If you are unsure about which benefits you may be entitled to Redbridge Benefit Service is here to support. Our staff can:

- check your entitlement to benefits
- support you with making applications
- provide information on additional local support such as
 - debt advice and money management support
 - food bank referral and access to the Ilford Community Grocery Store
 - discounted fuel & water rates tariffs and energy saving advice
 - emergency financial support to help with essential costs, funded by the Government
 - travel costs: taxi card, dial-a-ride, disability parking concessions (Blue Badge)
<https://adultcare.redbridge.gov.uk/getting-out-and-about/>
 - Financial Support with care costs **<https://adultcare.redbridge.gov.uk/>**



There are many sources of support in Redbridge dedicated to helping older residents live well.

How to access support

Contact Redbridge Intervention and Support Team for personalised advice:

Visit the website:
www.redbridge.gov.uk/benefits-and-financial-support/



Phone: 020 8708 4180
Monday to Thursday
9am to 12.30pm

Email:
welfare.benefits@redbridge.gov.uk

Make a referral to the team
www.redbridge.gov.uk/benefits-and-financial-support/intervention-and-support-team



Other useful contacts

Use our Better Off calculator to quickly see what benefits you could receive and how working or adjusting your budget can help with your essential outgoings
<https://betteroffcalc.redbridge.gov.uk/calculator/new/household-details>



Check out our Cost of Living website
<https://costofliving.redbridge.gov.uk/>



Visit our local Age UK website **www.ageuk.org.uk/redbridgebarkinghavering/our-services/**



Citizen's Advice Redbridge:
For independent advice on benefits and rights
www.citizensadviceredbridge.org.uk

