**Barking, Havering and Redbridge (BHR) Strategic Plan**

The BHR health economy is comprised of partners from Barking and Dagenham CCG, London Borough of Barking and Dagenham, Havering CCG, London Borough of Havering, Redbridge CCG, London Borough of Redbridge, Barking, Havering and Redbridge University Hospitals Trust and North East London Foundation Trust; who have come together to agree, refine and implement the following vision:

Improving health outcomes for local people through best value health care in partnership with the community.

**System Objective 1:**
To reduce the number of years of life lost by 23%

**System Objective 2:**
To improve health related quality of life for those with 1+ LTCs by 4%.

**System Objective 3:**
To reduce avoidable time in hospital through integrated care by 13%.

**System Objective 4:**
To increase the % of older people living independently following discharge.

**System Objective 5:**
To reduce the % of people reporting a poor experience of inpatient care by 12%.

**System Objective 6:**
To reduce the % of people reporting a poor experience of primary care by 15%.

**System Objective 7:**
To reduce hospital avoidable deaths.

These system objectives will be delivered through:

**Prevention and health promotion**
Prevention and health promotion forms the foundation of our Strategic Plan Target areas: obesity/dementia/reduced inequalities/diabetes/cardiovascular disease/cancer/smoking cessation/breastfeeding/alcohol and substance misuse.

**Primary Care Improvement Plan**
Providing new ways to access primary care and finding new ways to provide innovative services designed around the needs of the patient to reduce acute admission and A&E attendance and increase positive patient experience.

**The integrated strategy**
Seamless and integrated health and social care for local people. Continued implementation of local strategy putting the person at the center of care provided by integrated teams.
The acute re-configuration programme
Reconfiguring local A&E and maternity services in order to improve the quality of care for local people; developing KGH as a Centre of excellence for children’s and women’s services and new and effective 24/7 Urgent Care Centres at Queens Hospital and Kin George Hospital (facilitated through Urgent Care Procurement process running through 2014/15).

Planned care programme
Building on the Health for North East London programme for planned care which will see an improvement in the clinical outcomes, patient satisfaction and a reduction in cancellations of scheduled elective care. Other developments include productivity improvements for MSK and ophthalmology pathways, service redesign for the diabetic pathway and re-procurement of the Independent Sector Treatment Centre.

Specialised commissioned services
Commissioning to consistently deliver best outcomes and experience for patients.

Mental health service improvement
Strategic Commissioning Framework for Mental Health being developed and will include completion of full roll-out of the access to psychological therapies programme by 2014/15 with the aim that at least 15% of adults with relevant disorders will have timely access to services.

Children’s services improvement
Implementation of an Integrated Single Assessment process. Develop assessment process for children needing an EHC plan, Local Officer agreement to be confirmed and put children on FHC plans with cessation of ‘statement system’.

Public health strategic response
The CSP also outlines a strategic response required to address the needs of the population including:

An early start to good health
- Improving maternity services, antenatal screening programmes and supporting breastfeeding
- Improving childhood immunisation
- Having adequate numbers of health visitors and school nurses to enable our children to have a healthy start in life and sustaining it with full implementation of the Healthy Child Programme
- Reducing childhood obesity by increasing the levels of physical activity and promoting healthy eating, improving pathways for prevention and management of obesity
- Ensuring that attention is paid to the health needs of the most vulnerable children particularly looked after children and disabled children

Reducing inequalities and increasing life expectancy by tackling the big causes of morbidity and mortality
- Tackling smoking as the most significant contributor to improving health inequalities and mortality rates
- Identifying and intervening with those people at risk of CVD and diabetes
- Improving prevention and management of obesity as a major cause of diabetes, cancer and CVD
- Improving prevention, screening rates and early diagnosis of cancer
- Improving management of COPD
Staying healthy in adult life – keeping people healthier for longer

- Promoting good sexual health, ensuring the services commissioned in Redbridge provide access to long acting contraceptives, promotion of safe sex and chlamydia checks, education about protection against HIV and quick diagnosis.
- Working to reduce harmful alcohol consumption and impact on emergency services
- Supporting people and their carers to manage mental ill health, including dementia and depression
- Supporting people to manage their long term conditions particularly through integrated care as described elsewhere in this document
- Preventing falls among the elderly

Within each of these strategic areas health services need to work to reduce inequalities by working with different communities and socio-economic groups to maximise the health opportunities available to them. Working closely with local authorities via the Health and Wellbeing Boards is critical not only to engage with the population but also to influence the wider determinants of health.